

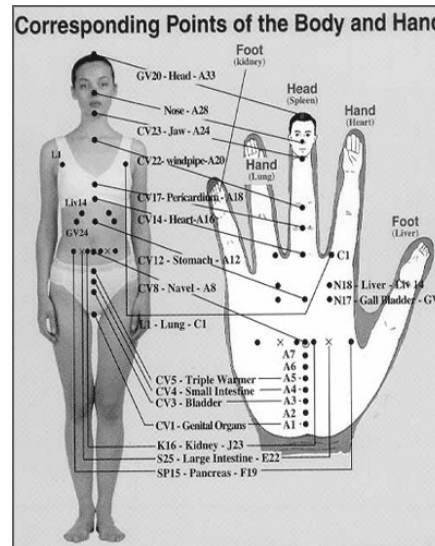
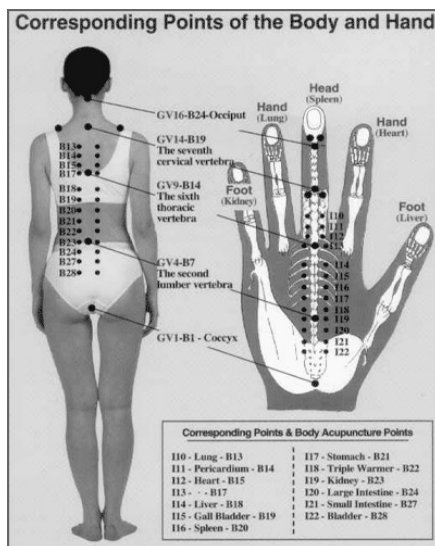
# Korean Hand Therapy (KHT)

## What is Korean Hand Therapy?

- Korean Hand Therapy is a form of acupuncture that affects the entire body with the therapy only applied to the hands.
- It was discovered by the Korean Acupuncture Physician, Dr. Tae Woo Yoo in 1971
- KHT combines both ancient acupuncture theory applied with modern scientific knowledge and technology to treat the whole body.

## How is it applied?

- Specific points on the hand relate to both acupuncture points on the body and also reflect particular “regions” of the body.
- Small, high strength magnets are taped on to these areas in order to provide a therapeutic treatment and trigger a healing response.



## How does it work?

- Korean Hand Therapy works by stimulating neuro-receptors in the brain that link to the hand. There are more neuro-receptors in the hand than any other part of the body.
- The stimulation applied to the hand and then relayed to the brain stimulates output to the organs and tissues regulating their functions and benefiting the particular areas treated.

## What can it treat?

- Korean Hand Therapy is successful with **musculoskeletal pain, headaches, back and neck pain, upper respiratory tract infections, allergies, digestive problems, women's health problems, anxiety, depression, insomnia, stress, organ imbalances, metabolic imbalances, urinary tract infections, and Chronic Fatigue Syndrome and Fibromyalgia.** *Virtually, any condition can be treated.*

## What are advantages of KHT?

- It uses no needles so it is safe and painless.
- It is effective, equally or more effective than acupuncture needles.
- Treatments can be repeated by the patients at home **DRAMATICALLY** speeding healing.

**North Florida Acupuncture**  
 4509 NW 23<sup>rd</sup> Ave, Suite 19B  
 Gainesville, FL 32606  
 352-281-8989